



SWISSMAN

XTREME TRIATHLON

PACE CHART

	CUTOFF	KM	ATHLETEN
START BRISSAGO		0	05.00
ASCONA	7:15	3.8	05.45 – 07.15
AIROLO		80	08.30 – 12.15
MOTTO BARTOLA	12:00	88	08:50 – 12:00
GOTTHARDPASS		92	09.00 – 13.00
FURKAPASS	15:00	119	10.30 – 15.00
GRIMSELPASS		139	11.00 – 16.30
WZ BRIENZ	18:15	180	12.00 – 18.15
ISELTWALD		8.5	13.00 – 20.00
BÖNIGEN	20:00	14.0	13.30 – 21.00
WILDERSWIL	20:10	17.5	14.00 – 21.15
BURGLAUENEN	21:15	28.5	14.30 – 22.00
GRINDELWALD	22:00	33	15.00 – 22.30
ALPIGLEN		38	16.00 – 23.30
ZIEL KL SCHEIDEGG		42.2	16.30 – 01.00