



# SWISSMAN

XTREME TRIATHLON

FROM THE PALM TREES TO THE ETERNAL ICE

# 2022

# ENTRY LIST



**WINFORCE**<sup>®</sup>



 **Nau.ch**

**rega**  
Medical Partner



# SWISSMAN 2022, Entry List



## SWISSMAN 2022 ATHLETES

### SAMVEL MARGARYAN

1982, TRICLUB YEREVAN  
VAAGN TOUKHARIAN



It is one's of the main challenges of triathlon world!

### MARTIN LANZER

1984,  
STEPHANIE BUCHLI



Weil das gemeinsame finishen mit meinem Gupfl ein langersehnter gemeinsamer Traum gewesen wäre. Jetzt wird sie mit unserem kleinen Zwerg an der Seite stehen, und mit 1.5x facher Kraft anfeuern können.

### RAINER BINDER

1974,  
HELMUT OTTO



weil es für eines der größten Herausforderungen und Abenteuer im Sport ist. Einfach Gänsehaut Gefühle.

### SEAN WHITE

1980, MUVE ATHLETIC  
SARA ERNST



Taking on SWISSMAN and XTRI isn't necessarily about being the fastest. It's about overcoming doubts, fears and proving yourself that not the sky, but only your mind is the limit. "Being fearless, of what sets your soul on fire"!

### SOPHIE COCHE

1987,  
GAUTHIER NICAISE



Share an amazing experience

### BENOIT WILMET

1965, LS TRI TEAM  
JP LONGRÉE



Pour être finisher de la trilogie historique des Xtri et me réconcilier définitivement avec la raclette et la fondue au fromage

### BERT PATRICK

1962, PRI-DE  
RAPHAËL STRÖKER



the hart wants to do it ... the body isn't that sure .... but the mind is confident...love Switzerland and one of the mothers of Xtri.

### MARTIN DELECLUSE

1989, RCBT  
FRANCOIS KORTLEVEN



For the painted flowers (and the views)

### WALTER VORSSELMANS

1964,  
BART VORSSELMANS



My 10the full distance must be a very nice one.

### FABIO PELLEGRINI

1979, KAHA MULTISPORT  
GLAUBER MARIN



Because I´d like to discover a new limit!!!

### GABRIEL RODRIGUES

1990, KAHA MULTISPORT  
KARIN SALDEN



Because this race has been bringing me many challenges since I signed up in 2020, now it's a matter of honor to make it happen.

### LUCAS BENJAMIN

1983, KAHA MULTISPORT  
FLAVIO PINOL



I love Xtri!!!!

### LUIZ ESCUDERO

1962, BMC TRIATHLON TEAM  
MARCELLA ESCUDERO



NICE AND ORGANIZAD CHALLENGER

### DANIEL OLIVEIRA

1984, KAHA MULTISPORT  
DENISE PINOL



I've been waiting for this three years !! Let's go for it

### PABLO SAMPAIO

1983,  
SADIKI MCCALLA



I did Swissman in 2016 and loved it so much that I had to come back!

### CLAIRE CAMERON

1979, EDINBURGH ROAD CLUB  
JILL BUNYAN



It's been on my bucket list for a while as a challenge and goal to race this stunning route in this beautiful country.

It will be an emotional and physical journey to get to the finish line but worth it for a memorable and exhilarating experience .

**EMMA LAMBERT**



1985, TEAM ZOOT EUROPE  
ROB WHITTAKER

This area holds a very special place in my heart. Following a near fatal cycling accident 16 years ago, I was told I would never be able to run again. Competing in Xtri has become my way to show the world I will not be beaten by my injuries...yet

**FLORA COLLEDGE**



1986,  
PHILIPP WAHL

Two Solo Swissmans are enough... let's get back together!

**ALLAN RICHARD**



1959,  
RUTH ALLAN

A fantastic challenge in stunning scenery

**BARTOSZ POTYRALA**



1981, N/A  
ALEKSANDER POTYRALA

Po spełnienie marzeń, po przygody i po moc wrażeń.

**BEWLEY JOHN**



1974, BTF  
DAVID ZIMMER

Why not it's there so do it

**CHRIS HARRISON**



1958, DTCC  
VICTORIA HARVEY

I have done Norseman and Celtman, twice, so wanted to complete the original series.

**CRAIG MOORE**



1987,  
ALEX ROBERTS

The best and most beautiful race in the world

**GAVIN PRISE**



1962, DTCC  
PATRICIA PRISE

Continue on Xtri Journey and share this Iconic Swiss experience (as a 60th year challenge) !

**ILYA REUTSKY**

1979, EVOLUTION TRIATHLON CLUB  
BORISS REUCKIS



I'd like to experience the challenge SWISSMAN offers and to complement my must-have list of Xtri races.

**JAMES WILKINS**

1988, CLAPHAM CHASERES  
MATTHEW BARNES FELTHUAS



Challenge the mind and body, find my limit.

**JONES DAVID**

1982, PENINSULA TRIATHLON CLUB  
NICOLA JONES



Iconic race and done celtman 2021, and in norseman 2022

**JUSTIN COLE**

1971,  
SUZY COLE



Swissman gives me the opportunity to continue my triathlon journey and see what I am capable of in my 52nd year. The combination of an extreme triathlon in a beautiful country is one I can't let pass. I'm both excited and terrified in equal measure!

**MARTIN GALLIMORE**

1986,  
CÉLINE GALLIMORE



At the end of an Ironman, one hears the immortal words 'You are an Ironman'. When finishing Swissman I'm hoping to hear 'You are a Swissman', then I'll apply for Swiss citizenship.

**WYNNE STEVEN**

1974, MANCHESTER TRIATHLON CLUB  
ADI MURPHY



the best race in the world

**KRUM KRUMOV**

1981,  
DIMITAR VASILEV



Swissman is one of the best xtri triathlons in the world, top location, top organisation and provides one of the toughest conditions. It's an honor to be part of it.

**RICHELE FRANK**

1974,  
MATT BARLEE



Swissman is simply incomparable, the best combination of personal challenge, race dynamics and the incredible beauty of the course. I wouldn't want to return to racing anywhere but here.

**BEN HAYLEY**

1993,

**ERYNN LINEHAN**

Swissman has been a goal of mine for many years as its one of the original X-tri race course. I love to challenge my mind & body to its fullest potential.

**LAVOIE JEAN FRANCOIS**

1983, CLUB DE TRIATHLON 33

**DAISY DUMAIS**

Cette fois je le fais pour ma famille, pour moi. Il y a un objectif de dépassement pour moi avec les événements vécus l'année dernière. Puisse Nath être avec nous à la ligne d'arrivée.

**LEE CHRISTIAN**

1976,

**MELINDA LEE**

I saw the SwissMan video shortly after running the Jungfrau Marathon in 2016. I started Triathlon with the goal of one day completing SwissMan. After 5 years and 2 CanadaMan finishes, I feel ready. I can't wait to board that ferry in Ascona.

**ROLDAN RICARDO**

1967, COMUTRICA. - 3 P TRI TEAM

**NATALIA PICADO MENDEZ**

I have waited 4 years to make this dream come true. It's time to do it

**NIKICA MANDIC**

1981, GENI KAMENI

**IGOR KRSTANOVIC**

Leidenschaft

**MARTIN BUCEK**

1978, MST JIHLAVA

**LENKA BUČKOVÁ**

After Janosik, ICON and other extreme triathlons not included in Xtri World Tour, Swissman is the next step in my Xtri journey :-)

**SUSI BAERENTZEN**

1985, TEAM SHARKY

**LARS BAERENTZEN**

The most beautiful race on the planet <3

**CARSTEN KJÆR**

1970,

**CARINA HEDEVANG**

The adventure, the experience, the challenge and to complete the 4 biggest xtri, Norseman, Swissman, Celtman and ICON

**DUEDAHL NIELS**

1961, SVENDBORG TRIKLUB

**NINA DUEDAHL**

I love the nature and the people and the race.

**HENRIK ABRAHAM**

1970,

**LOUISE LILLESØ**

I have done Norseman in 2012, a 10 year after challenge would be lovely

**MICAEL CHRISTENSEN**

1982, MULTIATLETERNE / WEST COAST RUNNERS

**TANJA CHRISTENSEN**

I want to push my limits and show my two daughters the true beauty and toughness of an Extreme Triathlon in the most stunning surroundings.

**BENEDIKT VAN GEMERT**

1979,

**GILBERT PETERS**

After competing Celtman! and the fantastic atmosphere, I was hoping to experience SWISSMAN one day. I feel very lucky to get this chance.

**GOOSSEN HUGO**

1963, -

**LEVAR GOOSSEN**

To challenge myself and support donation for good cause

**JEROEN BOON**

1989,

**JASPER VAN GELDER**

2 years in the making, building up excitement for the new sportive chapter in my life. The Swissman is my gateway to the extreme triathlons and who knows even more extreme things in the future! Looking forward!

**KEES WINKELHORST**

1980, RETO

**JORN TEN VOORDE**

like Einstein said but then different: Life is like riding an extreme triathlon. "to keep your balance you must keep doing them!"

**MANO KOK**

1979,

**LODEWIJK KOK**

Challenge

**MIKE VAN BEEK**

1989, NO CLUB  
MIEKE VAN BEEK

because i can



**DANIEL GLORIA**

1971, BGSA  
DESPREZ LYDIE

A geographical and interior journey



**SANDER DE VRIES**

1974,  
CHRISTEL SPELLER

This will be a race through memory lane for me. Born in Switzerland, we had holidays in all the places the race visits.



**DAVID MENIGOZ**

1975,  
REMI GROSCLAUDE

Vivre une longue journée d'effort passant par toutes les émotions.



**SANDER SMEETS**

1984, EDOSPORTS  
INGE HEUS

Too become a SWISSMAN!



**DEYRES JORDAN**

1990, BEST TRIATHLON  
GAMELON MARINE

it's a dream after the norseman



**BART VAN LINDER**

1971,  
JUDITH VAN LINDER

It is already for many years on my list. Would love to swim cycle and run through the beautiful countrysides. On top of this a nice ascent to the finish It has to be one of the best experiences in my live. Looking forward to it!



**ERIC CHABIN**

1967, NONE  
SOPHIE CHABIN

Enjoy a scenic journey and challenge your body and your mind in a not so competitive environment.



**WILLEMS KEES**

1964,  
HENNY LAM

I seek the limit of challenges



**ERICH FELBABEL**

1978,  
CHRISTIAN KEHR

Challenging & unique point to point triathlon in the beautiful Swiss mountains



**MIKKO MATTILA**

1966, JRTS  
ANNE LAHNAJARVI

I love the Swiss mountains!



**FABIEN MORA**

1976, LIMOUX TRIATHLON  
DENIS TEZEL

Superbe challenge désiré de plusieurs années. Un Xtri en suisse, en montagne, le top!



**TOMI HALME**

1985, HELSINKI TRIATHLON  
TERO HALME

I have done some long distance triathlons and I have done some trail running events in the past. Swissman combines these both which makes it an event that I want to try.



**FRANCOIS GOEUSSE**

1975, TRISTARS CANNES  
NICOLAS NIQUET

2 times is better than 1



**ALEXANDRE BARBIER**

1986,  
MURIEL THENAISIE

Landscapes - proximity to home - routes difficulty



**FREDERIC VIOLOT**

1959, TRIATH'LONS  
VIOLOT QUENTIN

Une chance de faire une belle course après la Bearman en 2020 et l'Embrunman en 2021



**CANDIOURRA KOITA**

1976, TOULON TRIATHLON VERT  
HAMEL VINCENT

Because it is an honor for me and the best race in the world



**GERARD FARINA**

1959, IRONKOUKOU  
ROMAIN CADIERE

Finisher of Norseman 2016, Celtman 2018, just obvious to Finish the mythic Swissman



**GILLES BONNEVILLE**1983,  
VIRGINIE PATOUX

Work hard, push the limits and having fun after finishing Celtman! 2015

**NICOLAS DROUAILLET**1980,  
SAMUEL MOREL

Swissman c'est une aventure, un challenge à partager hors norme !

**GUILLAUME CALESTROUPAT**1980,  
ELODIE LABARRERE

Next step after Celtman, Altriman, Bearman, Embrunman, Lanza, Nice...

**NICOLAS RIVET**1978,  
DANIEL MENTELI

Returning to Grindelwald

**JEAN-NICOLAS MEHR**1986, LES VIEUX NEPTUNIENS  
JEAN-CHRISTOPHE MEHR

It's a funny thing because I won a slot at the Otillo x Xtri challenge lottery at the beginning of last year. I don't really know if it's chance but I enjoy the race as much as I can.

**PIERRE BERTRAND**1990,  
ERIC BERTRAND

I live in Switzerland and this race is the ultimate goal for extreme triathletes! It mixes stunning areas to discover and overwhelming strength and mental effort. Moreover, the ambiance is known to be mythical!

**JORDAN KUGENER**1986, JO, IRON JO  
GWENAELLE PROVINI

J'ai envie de rêver et de vivre une belle expérience, merci Swissman

**RÉGIS CHATELLIER**1977, CLUB DES NAGEURS DE PARIS  
CHRISTOPHE FERNANDEZ

I want to take up this fantastic challenge in an even more fantastic landscape

**JULIEN RAIMUNDO**1986, PASSION TRIATHLON  
MAEVA RAIMUNDO

Be part of the wall of fame of Xtri. Already done Norseman / Icon. Patagonman in 2023. And now Swissman

**REMI AUJAMES**1982,  
CORALIE IKNAYAN

New year = New challenge !

**LOUIS DURUFLÉ-SETA**1988,  
DAGMARA DURUFLÉ-SETA

After moving to Switzerland I started to love mountains. Ironmans are a nice thing, but how about running one in my new home country? Can I do that?

**ROMAIN STÉPHANE**1973, HAC TRIATHLON  
MARIE FRONTY

I want to participate to swissman since a long time , I just want to experiment extrême race!!

**MORAD AMAR BENSABER**1968, AS MONCO TRIATHLON  
SULLIMAN AMAR BENSABER

I want to perform in this race, and do my best to get to the top.

**THIERRYW GUERINEAU**1974,  
LAURENT GUERINEAU

Swissman is not only a very challenging triathlon is an incredible adventure offering the most experiences in one day. An authentic &amp; unique experience that you share with your supporter!

**NEVO LAURENT**1972, ROCHEFORT TRIATHLON  
VALERIE NEVO

for the experience

**YANN MELLET**1988,  
MARC MELLET

Je veux vivre une superbe expérience avec les participants et les organisateurs dans un magnifique paysage

**NICOLAS KAISER**1994,  
MAXIME MILLE

Feed my soul



**ALEXANDRA ALTMANN**1980, ALLGÄU OUTLET RACETEAM  
**JOACHIM ALTMANN**

Ich möchte diese tolle Herausforderung bewältigen.

**FRANCIS FROBORG**1982, SISU RACING  
**UELI SANDMEIER**

Warum Swissman? Weil es ein Wahnsinns-Rennen ist. Wahnsinnige Landschaft, wahnsinnige Herausforderung, wahnsinnig belohnend. Es ist ein Privileg, diesen Wahnsinn selbst erleben zu dürfen.

**JENNY GRALLERT**1975, TRIATHLONTEAM HAMBURG  
**STÉPHANE ORILLARD**

It was a perfect race in 2020. I would love to do it again!

**NIKOLOPOULOS JULIA**1976, TV BAD ORB  
**ALEXANDER NIKOLOPOULOS**

I can't live without it!

**RITA GOTTLEUBER**1984, TRI-TEAM FRANKENALB  
**LARS REUSSER**

I still finished Austriaextrem and try to win a slot for norseman

**SONJA TAJSIH**

1975, HSV TRIATHLON KÄRNTEN

**SVENJA WEISS**1991, BRIGHTON TRI CLUB  
**HENNING WEISS**

I want to do the Swissman as a personal challenge. The elevation profile will provide a physical and mental challenge that is hard to find anywhere else.

**ANDREAS WOLPERT**1979, DJK ELLWANGEN  
**SIMON HAUG**

loving it!

**ARTHUR MOHR**1986, WSV BAD TOELZ  
**UTE LUEERS**

Breathtaking landscape and a amazing SWISSMAN event is my reward for the hard and long road to get ready for it

**ERIC BORGER**1976, TRIA-TEAM BRUCHKÖBEL E.V.  
**DOMINIK JONZYK**

I love the mountains and the extraordinary experience

**CHRIS KLENK**1977,  
**RICHARD JUNG**

Seit Jahren ist der Swissman auf meiner "bucket list" - ein "must done-Event" im Langdistanztriathlon. Die Strecke ist einzigartig und ich freue mich jetzt schon riesig auf den Race day

**CHRISTIAN RADEMACHER**1988,  
**PATRICK LUCKS**

Daseinsverdichtung und Existenzexposition

**DENIZ KERN**1990,  
**MONIQUE ZIMMERMANN**

For that warm and positive feeling, realising what you're capable of - both mentally and physically. Training together, feeling the support by your friends and family. And all that in the heart of the Alps the place I feel home.

**DIRK SCHLESINGER**1964,  
**SABINE SCHLESINGER**

Enjoy the landscape, the atmosphere and the challenge - for real!

**FLORIAN PIER**1986, POWDER PARTY BERGSPORT E.V.  
**CHARLOTTE SCHMIDT**

Hooked since I first heard about it! The spirit and attitude of the people participating and organizing it is breathtaking and inspiring! I simply love the challenge, and this helps me to stay fit, healthy and a faster runner than my girlfriend.

**FRANZ WÜRZNER**1988, TEAM ERDINGER ALKOHOLFREI  
**STEFANIE RUSCHKE**

Diccover the Swiss alps

**LEOPOLD DANIEL KAMMERER**1992, NONE  
**STEFAN ROTTLER**

Experiencing an exciting extreme triathlon challenge in a breathtaking scenery with my fellow athletes

**MARCO KROLL**

1980,

**SYLVIO KROLL**

Ich möchte meinen 3.Triathlon gern als SWISSMAN finishen und meine bisherigen Zeiten verbessern.

**MARIUS KLEIN**

1991, KTT01

**ANNA-LENA BAST**

Feeling the endorphins bild up after a long day enjoying the beauty of the Swiss alps, when I finally make it to the finish line together with the woman that I want to marry one day.

**MICHAEL GRUENWALD**

, SC SCHLOIERSEE

**ANNA-MARIA GRUENWALD**

Great experience

**PHILIPP LOEFFLER**

1988, TSV JAHN FREISING 1861

**CARSTEN MÜLLER**

I love XTri and I love Switzerland!

**ROBERT SCHWENCKER**

1971, FORSTENRIEDER SC

**ANDREA STENKE**

Have fun

**SCHILLER UDO**

1968,

**PAOLO DE GREGORI**

Just for fun!

**STEFAN KEPPLER**

1978, SV OBERKOLLBACH/TG-TRAININGSPLAN

**CARMEN KEPPLER**

find the others, and be you

**STEPHAN TEMPLIN**

1989,

**FRANZ TEMPLIN**

Weil es Spaß macht!

**THOMAS TRAUB**

1967, TRIA ECHTERDINGEN

**CORNELIA TRAUB**

Nachdem ich in den einmaligen Schweizer Bergen mehrere landschaftlich überwältigende Wettkämpfe gefinisht habe, möchte ich jetzt den SWISSMAN mit meiner Frau Conny, erleben und genießen. Extremsport ist Teamarbeit! Extreme sports are for married!

**THOMAS ECKE**

1967,

**MARTIN REINHARDT**

Ich habe vom Swissman gehört und war sofort von der Idee begeistert, und Ideen müssen verwirklicht werden!!

**TIM RULANDS**

1986, TEAM ERDINGER ALKOHOLFREI

**ANNIKA STEVENS**

Endlich wieder ein normales Wettkampffahr mit tollen Erfahrungen bei einem der schönsten Wettkämpfen als "Vorbereitung" für Norwegen :)

**TIMO KNOCH**

1977, EIDFJORD IL

**FLORIAN KANTOP**

I want to experience another XTRI than Norseman , enjoy the beautiful scenery in the alps together with family and friends and get inspired by the crew of SUIXTRI!

**ALAMANOS VASILEIOS**

1976, GREEK X HERO

**JOKUTI ADRIENN**

for me

**IOANNIS THEODOROPOULOS**

1980, TRISUTTO

**PANOS THEODOROPOULOS**

Adventures enthusiast

**MATZIARIS NIKOLAS**

1978, MAD GOATS

**MICHAIL KARAMPASIS**

I would like to have the opportunity to live this this unique experience and be part of xtri world tour journey

**ADRIAN SZABO**

1975, IRONIC IRON

**ROMAN PRIESOL**

Live a life that matters - race a Swissman...

**ZOLTÁN SZMOLNIK**

1971, GYÖTRI

**GÁBOR BALATONI**

I want to do it, because I try to do this competition during 3 years. I would like see your wonderful race route, I would like feeling the Swissman.

**DES CARTHY**

1973, WICKLOW

**SIOBHAN BYRNE**

Bucket List



**DORMER SHANE**

1977,  
NANETTE DORMER



To complete this amazing challenge 1 more time

**IVAN KELLEHER**

1972, CORK TRI CLUB AKA TEAM AWESOME  
FRANKIE KELLEHER



Beautiful country, beautiful people, beautiful experience. I'm bringing my family on a big adventure to Switzerland. See you to the top.

**JOHN REA**

1975,  
SHARON REA



This will be my second full distance but this one will be truly epic it's the course it's going to be a true challenge

**STEVE POLICKY**

1981, WATERFORD  
DAVID HANNAFIN



This event has always been the major event I have wanted to complete in. It was the XTRI series that some friends competed in the past that inspired me to start triathlon. Im really looking forward to the challenge.

**GALIA KASPI**

1971, TEAMTZETZU  
GIL PADAN



This is one of the most beautiful races in the world

**BUONOCORE GIAN MARIO**

1977, SAMVERGA TRIATHLON  
ALESSANDRO FORTUNATO



Perché sarà un bel viaggio

**CLAUDIO ROCCO CAGGIANO**

1982, CLUB CICLISTA PLATGES DE CALA MILLOR  
ROBERTO BARCA



Para superar mis limites

**DELL'ORO RENATO**

1976, 3 LIFE  
ROBERTO MAINO



I love discovering new races every year and it's been a long time since I had Swissman in my bucket

**LERCHER ANDREAS**

1963, TRI TEAM TS WÖRGL  
MARIA LERCHER-FRISCHMANN



I am stupid

**MANUEL ALIPRANDI**

1993,  
NADIA CREPAZ



Great challenge to push to the limit

**MAURO FRIGERIO**

1965, IRONLARIO  
JACOPO FRIGERIO



nuotare nel Lago Maggiore, attraversare le alpi in bici e poi salire a piedi al cospetto dell'Eiger. Viva Swissman!!!

**ARTYOM ROMANOV**

1984, ZZP  
LEIGH QUINCE



Just a thought of doing something this epic scares the crap out of me. Challenge accepted.

**MAKSIMS BERJOZA**

1981, DWC  
INNA VILENSKA



"Difficulties strengthen the mind, as labor does the body." — Lucius Annaeus Seneca

**ZIVS OLEGS**

1983, ZOORBAGAN  
ALEKSANDRS PRUDNIKOV



Family race and amazing view.

**MINDAUGAS GRIUNAS**

1980, WISETEAM  
VILDA GRIUNIENE



Fun and scenery

**TEVIS ONG**

1979, TRIDORPHINS  
MABEL TAN



Iconic and beautiful race! And to be

**CID EDGAR**

1986,  
JESSICA CID



I love triathlon and I'm in love with the Xtri Tour, Swissman is in my Top 3 races in my Dream To Do List

**LINERO JAVIER**

1984,  
VICTORIA ARCE



personal challenge and do it after 2 years trying

**RICO PHARIS**

1972, HORTICONNECT  
**MARIANA SILVA**



I just about the journey and the people

**OUSSAMA BENKHADRA**

1979, RABAT RUNNING TEAM & RABAT TRIATHLON CLUB  
**DOUJA BENKHADRA**



To continue Noresman journey

**ANNETTE FRØYLAND HOFF**

1973,  
**JAHN FREDRIK HOFF**



Unique opportunity to challenge myself in beautiful and challenging surroundings

**KAROLINE RØNNING**

1988, TEAM MERIDA TRI  
**MARIUS ELVEDAL**



Swissman has been on my bucket list in many years now. I absolutley love to compete in stunning and brutal nature! I've done norseman in 2017, and can't wait to finish of another extreme triathlon!

**ARNE SKAGSETH**

1957, TROMSO TRIATHLON CLUB  
**ANDREJ VIOTTI**



Improve

**BJARNE ALEXANDER SOLBERG**

1976, ASO RISK MANAGEMENT  
**ARNFINN URNES**



After Covid, to get back in shape and show that I can still do a Xtri

**ERIK HEIER**

1966,  
**PETTER HEIER**



The most beautiful..and hardest..

**FRODE ANDRÉ EVENSEN**

1966, OSLOFJORD TRIATLON  
**SONDRE EVENSEN BARLI**



Did Norseman I 2012 and have always wanted the Swissman as well

**HALLVAR AMDAL**

1981, NO CLUB  
**ULF KRÜGER**



I've done Norseman, I've done Celtman. Now Swissman remains to complete the saga.

**HANS CHRISTIAN TUNGESVIK**

1992, TEAM SUPERBA KRILL / ROYAL SPORTSK-LUBB  
**HELENE MELSOM**



Because I love the Swiss nature

**HENRIK EMIL HOYERHOLT**

1973,  
**ANNE-BIRGITTE HOYERHOLT**



I have done Norseman twice, now it's time for the Swiss alps!!

**JON CECCAROLI SYVERTSEN**

1985,  
**ALBERT RIPPEL**



An extreme race in extreme surroundings.

**ROBIN BAKKER**

1984, TRITON LILLESTRØM  
**PER-HÅKON KLINGSHEIM**



I raced Swissman in 2016 and it was an amazing experience that I've always wanted to come back to! And, I didn't get a chance to do the swim last time due to a thunderstorm, so hopefully I'll get the full "Swissman experience" this time around!

**RUNE NARHEIM**

1979,  
**TERJE NARHEIM**



Crashed in 2019, and really want to finish the race properly! It's been a long wait...

**SIMEN KRISTOFFERSEN**

1977, TEAM SUPERBA KRILL  
**PER MARTIN LUND**



To seek new adventures :-)

**STIG CARLSON**

1978, BERGEN TRIATHLON CLUB  
**MARIT AARNES**



After doing the most scenic race in 2018 - yes, you guessed it - Swissman - I've longed to do it again! Climbing the alps give me goosebumps... and a hard time. I love it!

**THOR HESSELBERG**

1972, LYSEFJORDEN SPORTSKLUBB  
**ARIEL HESSELBERG**



Thor, the god of thunder, has a hammer that can create thunder and lightning, but will that make a difference at the famous course of Swissman? I will surely drown in a mix of my own ego and exhaustion. Let's see if I survive!

**TROND PEDERSEN**

1971, BERGEN TRIATHLON CLUB  
STIG CARLSON

Swissman is a pure adventure, and I love it!

**PIOTR WEJMAN**

1984, DRANCY TRIATHLON  
MICHAŁ KACPRZAK

I want to finish all xtri world tour in Europe

**MURRELLS BEN****CELINE MARCHON****HELEN FARQUHAR**

1965, PROJECT 3

**PAOLA ADELAIDE LEARDI**

1974, BUSHIDO TRI & RUN

**OLIMPIA WOJTYŁO**

1981, GT RAT  
MICHAŁ WOJTYŁO

This is my dream than need to come truth.

**KAMIL OSTAPSKI**

1982, NO MEAT ATHLETE  
GREG SOCZOMSKI

I am an Xtri aficionado with over 10 XTRI races on me.

**ŁUKASZ BUŁKA**

1971, IMPRODEX PLASTIC COMPONENTS  
MICHAŁ KRUK

celebrate 50 anniversary, ride the bike through 3 great passes, see the green meadows and cows on the foot of Eiger; Have fun and be a part of this great tri-adventure

**PAWEL KIELBASA**

1978, GT RAT  
WOJCIECH BREWKA

I have always loved mountains. When I started triathlon a few years ago, I knew that xtri was my destiny. And when I first heard about Swissman, I knew I had to take part in it. Thank you for giving me this chance.

**PIOTR ENGLERT**

1994, TRIJET TEAM  
KOLLITA ZEVALLOS MERBORO

It's a challenge that excites and motivates me to train. And I want to finish it faster than the ICON this year.

**WITOLD DZITKOWSKI**

1985, INNVIKO  
HUBERT KRÓŁ

Of course the Swissman is hard, if it were easy, everybody would do it...Hard is what makes it great!

**MARLENA POLEC**

1987, TRI TEAM KAISER  
GERNOT HÖRETZEDER

For me the SWISSMAN is a ultimate bucket list race, an amazing challenge and a once in a lifetime adventure in a breathtaking area. A dream comes true & I can share this experience with the best partner & supporter!

**JOÃO FIGUEIREDO**

1984,  
JOANA FIGUEIREDO

Test my own limits while enjoying amazing landscapes

**LUIZ FELIPE MONTEIRO**

1984, MSS TEAM  
MARCIO SOARES

Swiss people should be fun to hang around along with beautiful nature and landscapes, probably where one person likes (hopefully) to TRI and XTRI out, amen..

**MIGUEL SILVA**

1977, OCS ARRÁBIDA TRAIL TEAM  
RITA SILVA

Because I can!

**SERGIO MOREIRA**

1977, PAREDES AVENTURA  
FILIPE BRAS

2019 & 2021 candidature reportée par covid

**ALEXEY PANFILOV**

1974, PANFILOVIRONWILLTEAM  
YURI KOICHEKHIN

I want to take part in the SWISSMAN race because I dreamed about it for three years and also help the charity fund for saving children "Give Life"!

**DUŠAN TOKARČÍK**

1972, MŠK KEŽMAROK  
DANIEL TOKARČÍK

I want to compete great and enjoy Switzerland



**RADO HESTERA**

1978,  
BIANCA CUPEROVA



For me, Swissman is synonymous of the extreme triathlon. It's something a person who hasn't seen it won't understand. Finish of the beautiful track ending under the Eiger mountain. And this is a very emotional and powerful experience.

**ROBERT ŽAJDLÍK**

1971, ŠPORTSERVIS TEAM BRATISLAVA  
SIMONA ŽAJDLÍKOVÁ  
SLOVAKIA



**DEZELAK IZTOK**

1981, RAIDLIGHT TEAM SLOVENIA  
JERNEJ SIRK



I've done some extreme triathlons already... Swissman is next!

**PATRICK WILLCOCK**

1976, PILATUS AIRCRAFT LTD  
ELDA WILLCOCK



Mountains, mountains, mountains...

**PHILLIPE VAN DER LEEUW**

1972, IRONMANPHIL  
CLIVE CHOWLES



I want the finishers shirt to add to the one I have from Swedeman. and to complete as many of the Xtri races as possible

**CARLES MOREU**

1959, RADIKAL SWIM  
EVA LOPEZ



After finishing some ironman races, next step will be extrem triathlons..

**BELLA MAGNUSSON**

1973, FOR FULL POTENTIAL ATHLETIC CLUB  
MIKAEL MAGNUSSON



Life is to good to not enjoy the power of the mind and body in sync

**MAGDALENA TRUMSTEDT**

1981,  
TIMO AIRIKKA



Swissman will do my X-tri-dream complete. (But probably I will continue my X-tri-journey with other beautiful competitions)

**ANDREAS GUSTAFSSON**

1979, KALMAR RC TRI  
JESSICA EKMAN GUSTAFSSON



Swissman is an challange in great nature and with breathgaking views

**HENRIK LARSSON**

1977, SOLVIKINGRNA  
KARL JOHAN LARSSON



To do the most beautiful triathlon in the world

**JONAS HARJULA**

1988, 10K HIGH CLUB  
MALIN ÅHS



I want to participant because of the challenge it going to be. i have done a few hard triathlon and want to test my skills even more

**PATRIK ERICSSON**

1986, TEAM TRELLEBORG TRIATHLON  
DAVID WINDISCH



Try to get a spot for World Championship

**ANDREA RÖSCH**

1988,  
JÜRIG WEBER



new challenge in the most beautiful scenery

**ANGELA NIKLAUS**

1978, TRITEAM EMMENTAL  
THOMAS KNEUBÜHLER



...mehr als 10 Jahre nach meiner letzten Langdistanz nochmals versuchen ob ich es schaffe...

**CECILIE CARLSSON**

1995,  
CLAUS CARLSSON



I did my first Ironman last year and I have always dreamed of doing an xtreme triathlon

**ELENA CAVALLASCA**

1975, IMPULSCLUB BÜLACH  
ENRICO SIBILIA



Schon 2020 und 2021 angemeldet

**KARIN FRICKER**

1975, TRI-CLUB AARAU  
TONI RITTER



Herausforderndes Abenteuer

**KATHLEEN REIMANN**1964, UBS TRICLUB  
**IRENE GAMBARO**

Der Swissman steht ganz oben auf meiner Bucketlist weil Herausforderung pur durch eine grandiose Landschaft mit jeder Menge Spirit der unbezahlbar ist und natürlich Emotionen pur wenn man die Finish line erreicht

**VANESSA SCHÄFFELER**1985,  
**MIRO FAAS**

Super tolle Atmosphäre, unbeschreibliche Landschaft und einen ganzen Tag in Bewegung, was will man mehr?

**ADRIAN MÜLLER**1965,  
**SIMONE TANNER**

Der Swissman ist das schönste sportliche Abenteuer welches man in der Schweiz erleben kann.

**LUCINE CHRISTE**1991, -  
**JOEL LINCKE**

adventure :)

**ALEX ZEINDLER**1973,  
**SCHÜPBACH MATHIAS**

Nach meiner 1. Teilnahme im 2018 und den zwei Versuchen in den letzten beiden Jahren wird es hoffentlich nächstes Jahr wieder Realität. Freue mich auf ein unvergessliches Erlebnis.

**MARIANNE KÜFFNER**1972, BE CRAZY  
**DANIEL DUBACH**

Es ist der schönste Triathlon - eine Reise durch die Schweiz vorbei an traumhaften Plätzen

**NOËLLE ANGELICCHIO**1977,  
**ANTONIO ANGELICCHIO**

Eine neue Herausforderung für mich, sehr familiär, toll dies mit meinem Mann als Supporter zu meistern

**ALEXEY KOLESNIKOV**1990, TRI-TOURISTS  
**MIKHAIL VOROBIEV**

Two years of waiting didn't reduced my desire to race this magnificent race and feel it's amazing spirit I discovered as a supporter

**PATRIZIA NEUKOM**1969, TEAM KOACH / SSC LANGNAU  
**ROGER NEUKOM**

Ich suche eine neue Herausforderung

**ANDRÉ BACHMANN**1975,  
**JÜRIG GUBER**

Von den Palmen in den Schnee! Einmalig..

**SONJA KLEINLOGEL**1974,  
**MICHIEL VAN WYK**

To challenge myself and have fun

**ANDREAS HÜRLIMANN**1979,  
**STEFAN WYSS**

Ich freue mich auf eine neue, grosse Herausforderung!

**STEFANIE WIEDERKEHR**1989, 3ATHLON BERN  
**PATRICK BECKER**

Der Swissman ist ein einzigartiges, sportliches aber auch landschaftliches Erlebnis, fernab vom grossen Veranstaltungsummel. Ein Teil davon sein zu dürfen freut und motiviert mich sehr!

**BEAT VÖGELI**1964, TRISTAR SCHAFFHAUSEN  
**IRA VÖGELI**

I will do something special

**BORIS HUEBER**1981, TRI TEAM LUTRY  
**JOHAN HUEBER**

to have a fun adventure in the Swiss Alps playground

**TIZIANA RINGGENBERG**1994, SPORTTEAM  
**ADRIAN RINGGENBERG**

Super Strecke

**CHRISTIAN BERNHARD**1979,  
**ANJA GISLER**

Swissman verbreitet das Flair dass ich mir bei einem solchen Wettkampf wünsche. Miteinander finishen steht höher als die reine Performance.



**CHRISTIAN MENZI**

1969, RRC THUN

**CHRISTINA GARDI**

Grandiose Landschaften, atemberaubende Strecke, geniale Organisation - darum finde ich den Swissman den tollsten Langdistanz-Triathlon ever!

**FABIEN DUC**

1986,

**BIRGIT GÄRTNER**

Experience an amazing journey through Switzerland by going beyond my limits

**CHRISTIAN BÄCHLI**

1979,

**ROLAND BÄCHLI**

Weil normale Triathlons zu langweilig sind ;-)

**FLORIAN AFFOLTER**

1981,

**BRIGITTE WENGER**

Because I tried it for 3 years now...

**CHRISTOPHER TOMCIK**

1993, TRI-TOURISTES

**VASSILY VOROBIEV**

I accidently clicked on the register button. Is it possible to have a refund?

**FLORIAN WEICHERT**

2001,

**MARTINA WEICHERT**

After my project « from Zero to Ironman in one year », i want to push myself further out of my comfort zone and experience this journey with my family and best friends.

**DAN BRONSTEIN**

1977,

**YANA BRONSTEIN**

I love the route

**FLORIAN HESS**

1989,

**KATE MCCARTHY**

Experience the Swissman once more

**DANIEL GUBLER**

1976,

**NICOLE GUBLER**

2 years of training and virtual events are enough. I am looking forward to a real adventure, hopefully again with many national and international participants. At the most beautiful sporting event, organised with a lot of heart and soul!

**FRANCISCO PUIG**

1974,

**VALÉRIE ISAAZ**

Il percorso è fantastico. Un'avventura!

**DANIEL MARCHESI**

1977,

**AURÉLIO VALENTINO**

Why Not

**FRANCK VINCENT**

1973, SG WANTZENAU TRIATHLON

**SEBASTIEN RIEHL**

I'm swiss and like Xtri

**DAVID AUBERSON**

1986, INTENSITY WORKOUT

**NORA MUNDWILER**

To drink a beer at the end !

**GAËTAN MASSONNET**

1999,

**ARMAND COUDRAY**

To push my limits and step out of my comfort zone in a big day throughout this beautiful country of Switzerland and revisit these amazing landscapes

**DAVIDE BENACCI**

1976,

**LAURA ALLEGRI**

it is certainly a good challenge to face: a nice "journey" that I hope to conclude together with those who support me !!!

**HARRY FISCH**

1968,

**LORIS PINEIRO**

Traumhafte Strecke perfekte Organisation eine Herzensangelegenheit

**DOMINIK SCHÄRZ**

1984, MENTIGSLÜÜFER

**MATHIAS BERGER**

Was gibt es schöneres als eine sportliche Herausforderung in der Heimat zu beenden;-)]

**GREGORIO BONADIO**

1983, TRIATHLON CLUB VALAIS

**AUDE PERRIN**

Time to come back on the running course after the injury right after the 2017 edition, the 2020 cancellation and a 2021 special edition !



**INGO BLISKA**

1969, TRI CLUN ARAU  
SYLVI LEHMANN

Nice challenge in a great urban environment



**MARCEL KAMM**

1966, TEMPO-SPORT BE THE CHANGE  
MARIANNE KERN JOERIN

Unfinished Business



**INNOKENTY SMORCHKOV**

1987, RUNNING CHICKENS  
LILIYA IBRAEVA

After two cancelled Swissman, my wife won't let me home if I don't finish it in 2022.



**MARCEL CSATLOS**

1966, SWITZERLAND :-)  
LUKI GUTKNECHT

need to do the Virtual 2021 now want to finish the real one :-)



**JIRI PETR**

1964, TRIMECA  
BARBARA IMHOLZ

I am looking forward to a great challenge in an amazing and astonishing landscape.



**MARKUS VITALI**

1969,  
BEAT REIST

The best race ever - just cannot resist to try again



**JO JEANNERET**

1992,  
MARTIN JEANNERET

Belle course en suisse avec de belle montagne.



**MARKUS BÜCHI**

1976, ZOOTO TRI TEAM  
NADINE BÜCHI-ERIMSANN

Ein neue Herausforderung soll gemeistert werden.



**JONAS EPP**

1981, TEAM ADVANTAGE  
NATALIA WERNER

The SWISSMAN combines triathlon disciplines with a tough endurance challenge in a picturesque and breath-taking landscape and all this kind a self-supported relying on a strong team. That's what makes SWISSMAN special



**MARKUS SCHMID**

1974, CRAZY5.CH  
CHRISTOPH SUTER

Für mich der schönste Triathlon... einmal dabei, nun habe ich das Swissman-Fieber in mir. Das Liebste in der wunderbaren Natur erleben und mit Anderen teilen und geniessen ...träumen, kämpfen, lachen, lieben ;-)



**JONAS VÖGTLI**

1981, GIANT GELLERT VELOTEAM  
JÜRGEN LEISINGER

Weil ich nochmals mit meinen Begleitpersonen ein unglaublich spannendes Erlebnis haben möchte!



**MATTHIAS WYSS**

1973, CRAZY 5  
DANIELA SCHÄUBLIN

Rendez-vous with my limits



**MAXIME DROZ-PORTNER**

1980, TRIATHLON LA CHAUX-DE-FONDS  
PORTNER FRANCIS

Une superbe parcours ... vivement enfin d'y être!



**MICARELLI MASSIMO**

1970, FRECCIE GIALLE MALCANTONE  
CORDA PATRIZIA

Ho proprio voglia di riprovarci per la quarta volta



**MANUEL GISCHARD**

1969,  
KARIN HÖRMANN

Weil der SWISSMAN der schönste Triathlon überhaupt ist.



**MIGG SCHERRER**

1974, TOUREXTREME.CH  
CAROLINE ZOLLINGER

The Swissman is a great event with wonderful people. I still have happy memories of my participation in 2015. It's time to return and to get back in shape. Looking forward to meeting the Swissman family again :-)



**MARC FOWLER**

1974,  
MYRIAM FOWLER

Because it's been too long we couldn't do it :-)



**NIKOLAUS HUWILER**

1991,  
ISABEL ARENAS HOYOS

Because I can! Well... lets see about that!



**PAOLO BIZZOZERO**1987, FREERADICALS  
GIAMILA SCARONI

There are things in life that are difficult to explain. This is one of them. My life started in Ticino as the Swissman, feels like it was destiny to meet.

**ROBERTO DI GREGORIO**1968, TRIATHLON CLUB BADEN  
HARALD MIKULA

Never give up until you cross the line

**PASCAL MAYOR**1984, AGARTA  
LORENZO MARIOTTI

This is the best challenge of my life and I worked for that moment.

**ROLF KIRCHHOFER**1976,  
PETER WYSS

Ich möchte diesen Grossartigen Anlass in dieser unglaublich schönen Umgebung noch einmal erleben.

**PETER KUHN**1962,  
RUEDI SCHMOCKER

Die Herausforderung annehmen beim schönsten und härtesten Triathlon das Ziel zu erreichen.

**ROLF ROHR**1965, TEAM DUXSPORTS  
SONJA ROHR

Es ist für mich das Schönst Rennen , darum möchte ich wieder am Startstehen

**RAPHAEL BÖNI**1994, TEAM TREK MANNA  
FLORIAN BÖNI

prepare and experience next to the beautiful swiss mountains

**ROLAND LÜTHI**1979, BEO TRIATHLONTEAM  
GABRIELA SPRING

Wunderschöne Strecke

**RAPHAËL VORPE**1982, SCHALLER RADRENNSPORT  
LETIZIA PALADINO

After catching the long distance triathlon's virus, I travelled the world to find the most beautiful races to do. Living 40 minutes away from Grindelwald, it is an honor and a privilege to be able to swim, ride and run in our beautiful country.

**ROLF SANER**1988,  
SILVAN BÜTTLER

Nach der virtuellen Teilnahme 2021 durch das schöne Jura würde ich mich sehr auf die originale Strecke und wiedermal auf die Stimmung eines Events freuen!

**RENÉ BLÄTTLER**1967, TRIATHLON CLUB HERGISWIL  
BRUNO BLÄTTLER

Ein Genialer Anlass wo der Finish und nicht der Rang im Vordergrund steht, das will ich nochmals erleben :-)

**ROMAN MÜLLER**1973, FINISHERS WINTERTHUR  
CÉCILE MÜLLER

For einigen Jahren als Helfer dabei, war der Swissman immer in meinem Hinterkopf und darum will jetzt dieses Abenteuer angehen und die Reise auf die Kleine Scheidegg ab heute starten.

**RHYN ANDY**1969,  
ESTHER RHYN

der schönste, abwechslungsreichste, spannenste, längste Tag im Jahr!

**SACHA HAYMOZ**1975,  
GHISLAINE GRIVEL

Nouvelle expérience dans des décors majestueux

**ROBERT BIENZ**1958, TONI HASLER RACE TEAM  
SIBYLLE BIENZ

Nachdem ich 2021 das virtuelle Rennen absolviert habe möchte ich gerne einmal das echte Rennen geniessen

**SAM KEHTARI**1990,  
AMANDINE HUREZ

I feel this is a needed accomplishment.

**SANDRO GILARDI**1961, RC BELLINZONA  
SCIARONI ROSANGELA

Per una nuova sfida con la mia dolce.





**STEFAN SCHULZ**

1958, UTE MÜCKEL TRIATHLON TEAM

**DORIS SCHULZ**

2018, 2019, 2021...My daughter says, I'm addicted to it. to it.

**CAKMAK KERIM**

1973, ANKYRA SK

**MARK MINASYAN**

I really like the challenge (not race) such xtri "races" offer. Something to test, more mental than physical

**STEFAN METTLER**

1982,

**TONI METTLER**

Ich möchte den SWISSMAN mit anderen Teilnehmer absolvieren

**ARIEL MA**

1981,

**ANDREW KHODAVERDIAN**

Test my limit

**STEVE MAZZUCCO**

1985, MAZZUCCO S.A.

**ALEC KASER**

Pour partager une aventure unique avec mes proches.

**KRISTINA STORLIE**

1983, ALASKA TRIATHLON CLUB

**BOB EDER**

To show myself that i can finish and finish well

**STEVE HEINZER**

1970, TRI TEAM LUTRY

**LÉA BOPST**

I already did it in 2016 as a Supporter and in 2017 as an Athlete. Wanted to do it in 2020 for my 50's, but was cancelled. Participated in the 2021 Virtual Race. And that would be a huge objective to race it once more.

**LAURA MALCOLM**

1987, USAT

**VAN MALCOLM**

It's been a dream of mine for years to race Swissman, and experience all 3 original extreme triathlons. Norseman (2018), Celtman (2019) and now finally Swissman. :) The ultimate challenge on a beautiful course!

**THOMAS MÜLLER**

1962, TRI TEAM RHEINFELDEN EV

**FREDDY BÜRGIN**

Neue Herausforderung

**ANDREW FAST**

1984

**ALYCIA HILL**

Two years in the making. I've wanted to do the race since the first time I learned about it. I've won the only Xtri in America twice and want to compete against the best.

**THOMAS SCHOETZAU**

1966, HOTEL MORETTINA

**NATALIE SCHOETZAU**

Hat man den Swissman einmal gemacht, kann man an nichts anderes mehr denken!

**BRUNO SILVA**

1988, KAHA MULTISPORT

**LAURIENE CAPUSSO**

For years I have loved the extreme and the idea of accomplishing the impossible. Swissman is the realization of a long time dream that now has even turned into something bigger that will allow me to see my friends and other athletes.

**URS MÜLLER**

1983, TEAM KOACH

**MÜLLER KURT**

Abenteuer

**COREY MCKENNA**

1970, COEUR D'ALENE TRI TEAM

**KATY BECK**

I love the grassroots feel of Xtri. It is challenging and amazing - you against the race.

**VALENTIN BLUM**

1991,

**GIOIA VONLANTHEN**

J'ai eu la chance de participer au Virtual Swissman Pure. en 2021. Pour 2022 j'ai envie de vivre cette expérience hors du commun avec toute la communauté Swissman. Traverser notre magnifique pays et redécouvrir ses superbes régions.

**DURRIN HYNES**

1969, /TRI CLUB DENMARK

**KIM KRUSE MOURITSEN**

It will be beautiful, and I've been trying to get a start number since 2014

**YANN ROHRER**

1978, TRIATHLON CLUB VALAIS

**VIRGINIE PITTET**

une course juste magnifique ma 3ème participation hâte de la refaire.



**JOHN FITZGERALD**

1967, USA TRIATHLON

**JENNIFER GILDEA**

Swissman epitomizes triathlon. It IS the golden ring that any long distance triathlete hopes to experience in their lifetime. Experiencing the beauty of the Swiss Alps and Swissman with my crew



**LOPEZ FERNANDO**

1973, FOREVER TRI

**ANDREA PINZON**

After 20+ full Ironman, 30+ Halfs, 6 XTRi, and hundreds of other races, and as I continue looking for the hardest challenges, finishing Swissman will be another great achievement.



**JOHN SCHOENHOLTZ**

1982,

**DAVE SCHOENHOLTZ**

:)



**MICHAEL ANDERSON**

1967,

**JACKSON ANDERSON**

Since I first saw the videos on YouTube I have been drawn to this race more than any other. This is a once in a lifetime opportunity to challenge myself mentally and physically while experiencing with my two sons who will come as my support crew.



**KENNETH CLEWS**

1961, GOLDEN GATE TRI

**IAN CLEWS**

Enjoy the challenge XTRI's present and requires us to dig deep to complete

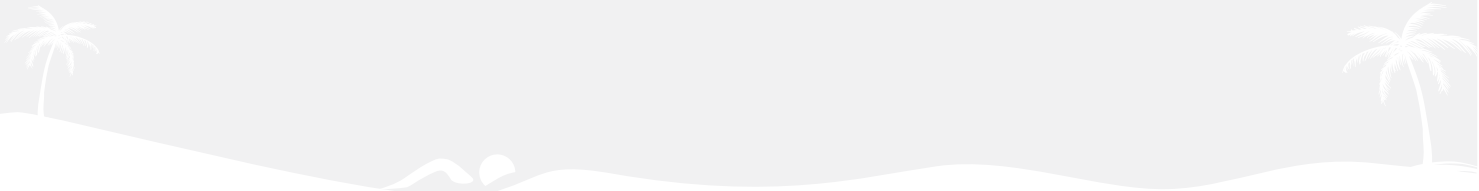


**WILHITE ROB**

1978,

**NATHAN WILHITE**

Because it is another challenge



“A marathon you do with  
your muscles.

An Ironman you do with  
your head.

The SWISSMAN you can only  
achieve with your heart.”

SWISSMAN FINISHER MARCUS RAATZ



[suixtri.com](http://suixtri.com)  
[facebook.com/suixtri](https://facebook.com/suixtri)  
[youtube.com/suixtri](https://youtube.com/suixtri)  
[instagram.com/suixtri](https://instagram.com/suixtri)



[www.xtriworldtour.com](http://www.xtriworldtour.com)  
[facebook.com/xtriworld](https://facebook.com/xtriworld)  
[instagram.com/xtriworldtour/](https://instagram.com/xtriworldtour/)